

Paraskevi Katsaounou, MD PhD

EDUCATION/TRAINING			
INSTITUTION AND LOCATION	DEGREE	YEAR(s)	FIELD OF STUDY
University of Ioannina Medical School	MD	1993	Medicine
University of Athens Medical School		2001	Specialization in Pulmonary and Critical Care
University of Athens Medical School	PhD	2001	

A. Current Positions

2006-Present Lecturer of Pulmonary Medicine, Medical School, University of Athens, Evangelismos Hospital.

2012-Present Chair of Smoking Cessation Group of Hellenic Thoracic Society

2005- Present Responsible of outpatient clinics (Smoking cessation-Asthma - COPD- Pulmonary)

Past Positions

Primary care physician (compulsory service) Ipati province, Lamia, Greece (1994-6)

Specialisation at the Department of Pulmonary and Critical Care Medicine, University of Athens Medical School, Evangelismos Hospital, Athens, Greece 1996-2001

Consultant of Chest Medicine (September 2004-April 2006). Agios Savvas General Hospital of Athens

B. Honors/fellowships (Selected)

- 2011 Fellowship Onassis Foundation
- European Respiratory Society Fellowship 2002.
- ERS COPD Travel Grant for Best Posters 2007.

Memberships and Committees:

- Chairman Of Smoking Cessation Group of Hellenic Thoracic Society since December 2012.

- Organiser of a European respiratory Society Course on Smoking Cessation in 2015.
- Trainer for smoking cessation professionals on behalf of Hellenic Thoracic Society for the past six years.

C. Publications (Selected publications relevant to this proposal)

Publications: 21, Impact Points: 79.05, Citations: 289, RG Score: 23.17

Peer Reviewed Publications

1. Vassilakopoulos T., Karatza M., **Katsaounou P.**, Kollintza A., Zakynthinos S. and Roussos C., *Antioxidants attenuate the plasma cytokine response to exercise in humans*, J.A.Physiology 2003 Mar;94(3):1025-32 Epub 2002 Nov 27. PMID: 12571133.
2. Vassilakopoulos T., **Katsaounou P.**, Karatza M., Kollintza A., Zakynthinos S., Roussos C., *Strenuous resistive breathing induces plasma monocytes: Role of antioxidants and monocytes* (Am J Respir Crit Care Med. 2002 DecV15;166(12Pt 1): 1572-8. Epub 2002 Oct 3. PMID: 12406849.
3. Vassilakopoulos T., Mastora Z., **Katsaounou P.**, Doukas G., Klimopoulos S., Roussos C., *Contribution of pain to inspiratory muscle dysfunction after upper abdominal surgery. A randomized controlled trial*, Am J Respir Crit Care Med 200;161:1372-5.
http://www.ncbi.nlm.nih.gov/pubmed?linkname=pubmed_pubmed&from_uid=10764336
4. Vassilakopoulos T., Troupis T., Zacharatos P., Sotiropoulou C., **Katsaounou P.**, Parthenis D., Troupis G., Kittas Ch., Papiris S., Zakynthinos S., Georgoulis V., Roussos C., *Diagnostic and prognostic significance of squamous cell lung carcinoma antigen in non small lung cancer*, Lung cancer 2001 May;32(2):137-4
5. **Katsaounou P.**, Tsaprouni L, Vassilakopoulos T., Ito K., Barnes PJ, Adcock IM Cigarette smoking reduces sputum levels of histone deacetylase activity. Thorax (submitted)
6. **Katsaounou P.**, Ito K., Barnes P.J., Adcock I. Cigarette Smoke Extract inhibits Dexamethasone Induced expression of β 2adrenergic receptors in Human macrophage/monocytic U937 cells through an oxidative stress pathway. Biochem Biophys Res Commun (submitted)
7. Zakynthinos S, **Katsaounou P.**, Karatza MH, Roussos C, Vassilakopoulos T. Antioxidants increase the ventilatory response to hyperoxic hypercapnia. Am J Respir Crit Care Med. 2007 Jan 1;175(1):62-8. Epub 2006 Sep 7. PMID: 16959916
8. Chroneou A, **Katsaounou P.**, Gangadi M, Pampukos S, Kougianos K, Zias N, Politis G. An unusual cause of dyspnea in a patient with relapsing breast cancer. Lung. 2006 Jul-Aug;184(4):245-8. PMID: 17006752
9. Papanikolaou G., Natsika M., Koukoubani T., Zaxariadis E., **Katsaounou P.** Persistent atrial fibrillation as the first manifestation in a patient with sarcoidosis. Thorax (Submitted).
10. Toumpanakis D, Karatza MH, **Katsaounou P.**, Roussos C, Zakynthinos S, Papapetropoulos A, Vassilakopoulos T. Antioxidant supplementation alters

cytokine production from monocytes. J Interferon Cytokine Res. 2009 Nov;29(11):741-8. 10.1089/jir.2008.0114.

11. Tsimogianni A., Stratiki M., Stratakos G, Zakynthinos S, **Katsaounou P.** Pulmonary fibrosis predating microscopic polyangiitis by seven years. Respiratory Medicine CME 3 (2010) 207–210.
12. Asimakos A. and **Katsaounou P.** Coronary Artery Disease, Nicotine Addiction, and Depression: The Tragic Triad. Hospital Chronicles 2010, Supplement : 92-97.
13. Katsaounou, P., Asimakos, A., Barnes, P.J. Non invasive assessment of severe asthma. 2011. Pneumon, 24 (4), pp. 430-444.

D. Research Support (Selected)

Principal Investigator of Excellence 2012 grant from the European union for “WEB-BASED SMOKING CESSATION IN UNIVERSITY STUDENTS USING PEER GROUP SUPPORT THROUGH A SOCIAL MEDIA APPLICATION”._